

Create Your Own

# SALADS & WRAPS

## START YOUR SALAD CREATION

Choose how you would like your produce to be served, then tick your favourite ingredients below. All salads are served with pretzel roll, and are freshly tossed to order.

Circle One  
**SALAD | WRAP**

**\$17**

### 1. CHOOSE YOUR LEAVES

- SPINACH
- ICEBERG
- COS
- SPRING MIX

### 2. PICK YOUR PROTEIN

- HAM
- BACON
- SCHNITZEL
- TOFU
- GRILLED CHICKEN
- FOR AN EXTRA \$5
  - CALAMARI
  - CRISPY PORK
  - GRILLED STEAK

### 3. STUFF YOUR SALAD!

CHOOSE UP TO 6 INGREDIENTS. EXTRA ITEMS \$2

#### CLASSIC OPTIONS

- AVOCADO
- CARROT
- ROASTED BEETS
- GRAPE TOMATO
- RED ONION
- CORN
- RADISH
- JALAPEÑOS
- MUSHROOM
- CHICK PEAS
- EGG
- OLIVE
- BROCCOLI
- CUCUMBER
- BLACK BEANS

### 4. CHOOSE ONE CHEESE

- BLUE
- PARMESAN
- SHREDDED MOZZARELLA
- CHEDDAR
- FETA

### 5. FRUITS, NUTS & SEEDS MAX 2

- ALMONDS
- FLAX SEEDS
- SPICY CASHEWS
- GRAPES
- SUNFLOWER SEEDS
- CANDIED WALNUTS
- CHIA SEEDS
- DRIED CRANBERRIES
- QUINOA
- STRAWBERRIES
- SLICED APPLE

### 6. ADD SOME CRUNCH MAX 2

- SHALLOTS
- WASABI PEAS
- CROUTONS
- TORTILLA STRIPS
- PUMPKIN SEEDS

### 7. HAUS MADE DRESSINGS CHOOSE ONE

- CAESAR DRESSING
- RED WINE VINAIGRETTE
- BUTTERMILK RANCH
- SPICY SESAME CITRUS
- GREEN CHILLI DRESSING
- NO DRESSING** JUST VIRGIN OLIVE OIL & BALSAMIC VINEGAR ON THE SIDE

circle one

**DINE IN | TAKEAWAY**

dine in

**TABLE NO#** \_\_\_\_\_

takeaway

**NAME** \_\_\_\_\_